



Form Facilitate

L'ATELIER

de la TRANSFORMATION SOCIALE

Critical analysis of gender-based violence

Raising awareness of violence

Content description

Using a discussion tool, participants will be able to analyse sentences that can be heard in their daily lives, connecting them to different situations of violence. This awareness is a way of launching a debate on typologies of gender violence.

Practical use

As a first step, form groups of 3 to 4 people and hand out a copy of the table of different ways of control.

You can also display the board in a corner of the room.

Explain to the participants that they will be using the board during the exercise.

DIFFERENT WAYS OF CONTROL "GBV is a control apparatus dedicated to maintain women and men in their role determined by society."	
DENYING, MINIMIZING	Refusing to admit the assault, not feeling responsible for his violent behaviour.
ISOLATE	Control what the victim does, who she talks to, who she sees, limit her outside activities, forbid her to go outside.
PUT INTO PERSPECTIVE, CUSTOMS...	Relativize the seriousness of acts and their consequences. <i>For example: «men are like that», «it's typically feminine», «with us, it's normal», «it's always been like that»...</i>
BLAMING, HUMILIATING, POINTING FINGERS...	Saying it's the victim's fault, devaluing her so she loses self-confidence, blackmailing her...
STALKING, SCARING, HITTING	Scaring the victim with looks, words, gestures, assaults, blows, sexual violence.
USING PROSTITUTION, PORNOGRAPHY, HYPER-SEXUALIZATION	Considering the body as an object, conveying the image of the successful man, using sexuality and physical appearance to compliment someone, hyper-mediating sexual behaviour.

Before the workshop, you will prepare sentences from everyday life that can express a **situation of inequality, control or submission** between women and men.

Here are some examples of sentences to write on small papers for each participant to pick one:

- **I didn't hurt him very much.**
- **When I'm alone, my boss tries to kiss me.**
- **Sorry for the slap, I didn't know what I was doing, I'd had too much to drink.**
- **I don't want you to work, you have to stay home!**
- **In my relationship, there has to be sex almost every day.**
- **It's a compliment when someone whistles at you in the street.**
- **When a girl says no, it often means yes.**

In sub-groups, ask each participant to **pick a piece** of paper with a sentence written on it. The person presents the sentence to the others, indicating whether he or she thinks it was said **by a man or a woman**. Then, each participant imagines the context in which the sentence could have been said and each links the sentence to the different ways of control board which was distributed/posted at the beginning of the workshop.

You can give a sheet of paper for the group to annotate their views. Give them about ten minutes to discuss the sentence.

Finally, open the debate in plenary. Each group is then invited to present the sentence they have picked, **the context they have imagined and the means of control** to which it corresponds. The other participants can complete or share their questions.

In conclusion, you can show the participants how relevant it is to be aware of the different types and techniques of control between people. Indeed, **the more an individual knows about the violence he or she may be confronted with, the more he or she will be able to identify, name and denounce it** (cf. section I want to understand).



Point of attention ! : The facilitation of this workshop requires the facilitator to have a minimum knowledge of the different types of violence and the cycle of violence.

Objectives :

This workshop is an opportunity to initiate a critical reflection on gender violence. The goal is to favour a time of expression to better understand the control mechanisms and to analyse the different types of violence. This step is a prerequisite for the formulation of concrete responses to combat violence.

Time :

About 30 minutes are enough

Lien URL de l'article : <http://atelier.fdh.org/en/take-action/our-tools/facilitate/article/critical-analysis-of-gender-based-violence?lang=en>

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